



ALTA COVID-19 Guidelines and Recommendations

As this is an ever-evolving, unprecedented time for ALTA League play, our ALTA summer season will probably not be a “normal” ALTA season as we know the usual traditions of our league. We do not know what 5-6 weeks out (June 18th) will look like, what regulations will be in place at that time, and even IF the summer 2020 season will actually take place. If you are submitting a roster to play out of a facility, you will need to follow the facility’s rules for roster submission.

Government and/or Facility rules take precedence over ALTA rules.

Our members have asked for “guidance” regarding the tentative summer 2020 season:

- First and foremost, **ALL government and CDC regulations in place at the time MUST be followed.**
- **All Facility Rules and requirements MUST be followed.** Please Note: Because all tennis facilities are laid out differently, there may not be space to spectate and also follow the social distancing requirements at certain facilities.
- **If you are sick with any symptoms at ALL, DO NOT ATTEND OR PLAY A MATCH!**

ALTA recommendations:

- Bring your own personal food/ drink; **Do NOT share refreshments.** (Note: refreshments are NOT and NEVER have been a requirement for an ALTA match)
- Bring your own hand sanitizer; hand sanitizer is hard to find currently, so bring your own.
- No handshakes: words of congratulations are sufficient.
- Try not to touch any surfaces. If you do, use your hand sanitizer.
- Arrive at your match at your designated play time. Leave when done playing. No spectators/spectating.
- Sanitize your grip; wipe and disinfect your racquet after play.

As you can see, the suggestions above are NOT the typical ALTA match scenario of socializing at an ALTA match. We can only hope to return to those times soon, but not too soon.

There may be issues that arise with facilities/ availability – **Contact your Coordinator who is there to help.**

There may be issues with being able to field a full lineup – **Contact your Coordinator who is there to help.**

Your ALTA Coordinators, the VPs, and the President understand there will be unique situations and issues that may arise – **Contact your Coordinator who is there to help.** Please know that issues will be looked at and reviewed on a case by case basis during these ever-changing times.

ALTA cares about our members. **If you do not feel comfortable playing tennis- DO NOT PLAY.** Only play if you are comfortable playing. Each person is responsible for his or her own safety during these unknown challenging times. BE SAFE.