



## COVID-19 Guidelines/Recommendations

- **ALL government and CDC regulations in place MUST be followed.**
- **All Facility Rules/Requirements MUST be followed.** Please follow the social distancing requirements at the match location.
- **Please do not play or attend a match if you have COVID-19 or have been in direct contact with someone with COVID-19.** Please refer to the current CDC guidelines regarding recommended length of quarantine. Please be aware that CDC recommendations may be different for vaccinated and unvaccinated individuals.
- **Teams CAN provide/consume food and drink based on their own comfort level.** Please continue safe handwashing habits.
- **Handshakes ARE now permitted based on your own comfort level.**
- Teams/players may decline playing on **indoor courts** if they do not feel it is in the best interest of their health. The home team must give their opponents at least a **3-day notice** to accept or decline this option. If the visiting team declines, the home team would have to provide outdoor courts for the match, if available. If outdoor courts are not available at the home facility, the visitor would have the option of providing its home courts. If the visiting team does not elect to provide its home courts, the responsibility reverts to the home team which must provide courts within the approved ALTA area. If alternate courts cannot be found, the captains must contact their coordinator.
- **The home captain MUST contact the visiting captain to advise them of any specific facility requirements or rules that the visiting team needs to be aware of at least three days prior to the match.** (i.e., must bring own chairs, limitations or restrictions regarding spectators, etc.)
- **Full 3<sup>rd</sup> sets are back.**  
Since most facilities have now lifted their restrictions on spectators and the time limits associated with when individuals can arrive for their matches, as well as in accordance with current CDC guidelines regarding outdoor activities, we are returning to our previous format of best 2 out of 3 sets. If a team splits the first 2 sets, a full 3<sup>rd</sup> set is to be played unless all 4 players in that match agree to play a 10-point tiebreak in lieu of the 3<sup>rd</sup> set. **This decision can be reached at any time before the 3<sup>rd</sup> set begins.**

### Contact your Coordinator with the following:

- Facility or court availability issues due to COVID-19
- Inability to field a full lineup due to COVID-19
- Any other unforeseen COVID-19 related issues

Please know that COVID-19 related issues will be looked at and dealt with on a case-by-case basis. We care about our members. If you do not feel comfortable playing tennis-DO NOT PLAY. Each person is responsible for his or her own safety.