

2020 ALTA Junior Leagues COVID-19 Guidelines/Recommendations

First and foremost, ALL government and CDC regulations in place at the time MUST be followed.

All Facility social distancing rules MUST be followed.

Please Note: Because all tennis facilities are laid out differently, there may not be space to spectate. Please follow the social distancing requirements at the match facility.

Recommendations for Team Managers:

- If you or your players are sick with any symptoms at ALL, DO NOT ATTEND OR LET YOUR PLAYERS PLAY A MATCH! Please do not play or attend a match if you have been in contact with someone with Covid-19 in the last 14 days
- The home team manger MUST contact the visiting team manager to advise them of any specific facility requirements or rules that the visiting team needs to be aware of at least three days prior to the match. (I.e. must bring own chairs, limits or restrictions regarding spectators, bathroom access, etc.)
- You are responsible for the behavior of your teams' parents. Be sure to communicate any and all facility restrictions to the parents prior to arriving at the match. This is not a good season for surprises.
- Have your players bring their own personal WATER, food/ drink; it is <u>NOT recommended to share</u>
 <u>refreshments</u>. (Note: refreshments including WATER are NOT and NEVER have been a requirement for an ALTA match)
- Bring extra hand sanitizer and wipes for your players; hand sanitizer is hard to find at times, so bring your own.
- Have your team arrive at your match at your designated play time and leave after playing if physical distancing requirements cannot be followed at a facility due to layout or facility rules.
- Due to the ongoing pandemic, the team manager may decline playing on indoor courts if they do not feel it is in the best interest of the health of their players. In this case, the home team would have to provide outdoor courts for the match, if available. If outdoor courts are not available at the home facility, the visitor would have the option of providing its home courts. If the visiting team does not elect to provide its home courts, the responsibility reverts to the home team which must provide courts within the approved ALTA area. If alternate courts cannot be found, the captains must contact their coordinator.

Recommendations for Players:

• Arrive at your match at your designated play time and leave after playing if physical distancing requirements cannot be followed at a facility due to layout or facility rules



- Bring extra water, hand sanitizers and wipes to the match
- Wash your hands; Sanitize your grip; wipe and disinfect your racquet and water bottles before and after play.
- Bring any food or snacks you will need before, during, or after the match; Avoid sharing food, drinks and towels
- Avoid touching court gates, fences, benches, etc. if you can
- When playing, switching sides and taking breaks social distance from other players
- One player should be chosen to change the scoreboard for both teams
- If playing doubles, coordinate with your partner to maintain physical distancing
- No handshakes; words of congratulations are sufficient
- Follow facility guidelines in areas where social distancing is not possible.

Recommendations for Spectators:

- Maintain at least 6 feet between others
- Please bring a chair and spread out
- Please follow facility recommendations regarding spectators. Some facilities may choose to limit the number of spectators allowed.
- Please stay off the courts; only players should retrieve balls
- Avoid touching surfaces where possible
- Bring extra water, hand sanitizers and wipes to the match
- Follow facility guidelines in areas where social distancing is not possible

Contact your Coordinator for other unique issues:

- Issues that arise with facilities/ court availability Contact your Coordinator who is there to help.
- Issues with being able to field a full lineup--Contact your Coordinator who is there to help.

Your ALTA coordinators and overalls, the vice presidents, and the president understand there will be unique situation and issues that may arise--**Contact your coordinator who is there to help**. Please know that issues will be looked at and dealt with on a case by case basis during these ever-changing times.

ALTA cares about its members. If you have parents that's do not feel comfortable with their child playing tennis on a given day due to virus constraints -DO NOT MAKE THAT PLAYER PLAY. Only play those who are comfortable playing. Each person is responsible for his or her own safety during these unknown and challenging times.

BE SAFE.