



## 2020 ALTA COVID-19 Guidelines/Recommendations

- First and foremost, **ALL government and CDC regulations in place at the time MUST be followed.**
- **All Facility's social distancing rules MUST be followed.** Please Note: Because all tennis facilities are laid out differently, there may not be space to spectate. Please follow the social distancing requirements at certain facilities.
- **If you are sick with any symptoms at ALL, DO NOT ATTEND OR PLAY A MATCH!**
- Please do not play or attend a match if you have been in contact with someone with COVID-19 in the last 14 days.
- Bring your own personal WATER, food/ drink; it is **NOT recommended to share refreshments.** (Note: refreshments including WATER are NOT and NEVER have been a requirement for an ALTA match)
- Bring your own hand sanitizer; hand sanitizer is hard to find currently, so bring your own.
- No handshakes; words of congratulations are sufficient.
- Arrive at your match at your designated play time and leave after playing if physical distancing requirements cannot be followed at a facility due to layout or facility rules.
- Sanitize your grip; wipe and disinfect your racquet after play.
- The home captain MUST contact the visiting captain to advise them of any specific facility requirements or rules that the visiting team needs to be aware of at least three days prior to the match. (I.e. must bring own chairs, limits or restrictions regarding spectators, etc.)
- If you have concerns about the exchange of tennis balls at the end of the match, the match winner can choose not to accept the can of unopened balls.
- Due to the ongoing pandemic, players may decline playing on **indoor courts** if they do not feel it is in the best interest of their health. In this case, the home team would have to provide outdoor courts for the match, if available. If outdoor courts are not available at the home facility, the visitor would have the option of providing its home courts. If the visiting team does not elect to provide its home courts, the responsibility reverts to the home team which must provide courts within the approved ALTA area. If alternate courts cannot be found, the captains must contact their coordinator.

**To help teams and facilities comply with Governmental Orders limiting gathering numbers, and in an effort to reduce the time spent waiting to take the court, we will temporarily change our format regarding 3<sup>rd</sup> sets:**

**\*\*A 10-point tiebreaker will be mandatory in lieu of 3<sup>rd</sup> sets during the regular season in all fall leagues\*\***

**Contact your Coordinator for other unique issues:**

- Issues that arise with facilities/ court availability – **Contact your Coordinator who is there to help.**
- Issues with being able to field a full lineup--**Contact your Coordinator who is there to help.**

Your ALTA coordinators, the vice presidents, and the president understand there will be unique situation and issues that may arise--**Contact your coordinator who is there to help.** Please know that issues will be looked at and dealt with on a case by case basis during these ever-changing times.

ALTA cares about its members. **If you do not feel comfortable playing tennis-DO NOT PLAY.** Only play if you are comfortable playing. Each person is responsible for his or her own safety during these unknown and challenging times. BE SAFE.